

AMS website -- www.mappers.org

Association of Mapping Seniors Newsletter

Achoo!!

Spring is in the air and so is the pollen! Pollen counts usually rises in the morning and reach their peak by midday or early afternoon. This is the time



of day that allergies are often the worst, since there is a high concentration of pollen in the air.

Hay fever symptoms can keep you awake or make it hard to stay asleep. This can lead to fatigue and a general feeling well. Worsening asthma. Hay fever can worsen symptoms of asthma, such as coughing and wheezing.

Allergies can cause all kinds of unpleasant, distracting symptoms, from digestive upsets and headaches to respiratory trouble and runny eyes. However, you may also have experienced another few hallmark symptoms of allergy problems: fatigue, drowsiness, and mental sluggishness.

Air Quality Week sponsored by United States Environmental Protection Agency (USEPA) is during May 1-5, 2023, Topics for AQAW during the week include –

- Wildfires and Smoke
- Asthma and Your Health
- Air Quality and Transportation
- Air Quality and Climate
- Participatory Science

Additional information on Air Quality and Trends as well as using the "AirNow" tool to know the air quality in your specific area simply by placing your zip code within the appropriate location at this website https://www.epa.gov/air-quality.

Keep your tissue box near – Gesundheit!!

Spring Luncheon

Our Spring Luncheon is one of the members favorites! It's catching up on what has



occurred during the past holidays/winter months as well as what plans are for the upcoming summer months. In the past, some members have discovered they had plans on being in the same area at the same time and decided to get together.

This is a time too taking your antique car out of the garage and having a ride into Frederick, MD turning heads along the highway and at the traffic lights.

Being retired, gives opportunities for us to take advantage of mid-week gatherings instead of waiting until the weekends. Contact your former cubicle buddy and invite them to attend along with you. Make plans for this mid-week AMS event to gather with your friends and former colleagues of "Keeping in Touch and Having Fun!"

The Spring Luncheon is at Dutch's Daughter at 581 on Wednesday, May 3, 2023, at 11:30 am Himes Avenue, Frederick, MD 21703. The reservation form with menu selections and cost are on page 7 and on the AMS website at www.mappers.org

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AMS PRESIDENT'S MESSAGE

Harry Sturman, AMS President



Wow the first quarter of 2023 has already passed. My goodness this year is already going by so quickly!

I want to thank all of the wonderful people who

supported me personally while wetting my feet as AMS Vice-President and now as President. The Board members live in multiple states, Maryland, Virginia, New Mexico, South Carolina, and me who lives in West Virginia. As you can see your physical location is no barrier in completing the requirements of an AMS Board member. Currently there are two (2) positions vacant — Vice-President and Webmaster. Accepting the nomination as Vice-President, you will receive amazing support and guidance while making wonderful new friends too. If you have any experience with web design read the information on page 4 and forward your email to mappingseniors@outlook.com.

Remember to invite your former co-workers who you keep in touch with to our AMS events and ask them to join AMS to stay in touch and have fun. Print a copy of the AMS membership form located on the right side on our website at www.mappers.org. If your friend is a Northwest Federal Credit Union (NWFCU) member, the lifetime dues are paid by NWFCU, who assists supporting AMS.

As always continue with the AMS Motto –

"Keeping in Touch and Having Fun!"

THE BEST THING TO HOLD ON TO IN LIFE IS EACH OTHER





Email is an important method for announcing events, registration forms, sharing obituaries, and other pertinent information. Send your AMS info and inquiries to mappingseniors@outlook.com

If you are not receiving emails from AMS, check your "Spam or Junk" folder or email us with the subject line "Attention Membership" at

mappingseniors@outlook.com



The AMS website, <u>www.mappers.org</u>, is another good source of information on current and past AMS events. Check out the many tabs filled with a wealth of information for and about our members and events! If you have

ideas or information for the website, please forward it to mappingseniors@outlook.com and include "Attention Webmaster" in the Subject line



AMS is on Facebook, and you are invited to join other members there and include your

contributions! You can share your vacation and retirement adventures, and other activities you enjoy. Or just read the posts from other members while also keeping current with AMS activities too. Members are permitted to post directly but must keep content appropriate for and consistent with the AMS purpose, membership, by-laws, procedures and guidelines.

If you are not already a Facebook friend, go to the search block on Facebook and enter Association of Mapping Seniors or simply AMS and from the dropdown list select Association of Mapping Seniors. Once on the AMS page select "Join" and answer the 3 pertinent questions for "Keeping in Touch and Having Fun!"

Association of Mapping Seniors (AMS) | Facebook

2023 AMS Executive Board

President – Harry Sturman Vice President – Vacant Secretary – Amber Beall Treasurer – Merle Biggin

Missing Members

Several members have not forwarded their current contact information of their email or home addresses and current phone number to AMS. If you know any of our "missing persons", please email their contact information to mappingseniors@outlook.com within the subject as "Attention Membership" and include the missing member's last name. Of if you prefer, you contact the member and have the missing person forward their contact info directly to the AMS email address.

No Current Contact Info			
Gladys Dantzler	William C. Miller		
Zona Davis	John I. Seitz		
Gene King	Frank R Walden		
Hunter Mauck			

Upcoming 2023 AMS Events

Mark your calendar and plan to attend the AMS events this year, the first year since Covid 19 arrived with a full schedule of in-person events. The planned events are included on the AMS website at www.mappers.org/events/ with their date, time, and location. As details for each event are finalized the reservation form will be added to the website and in the AMS News.

August - Summer Gathering

Date: August 2, 2023 Time: 11:30 AM

Place: Fisherman's Crab Deck

3032 Kent Narrow Way S. Grasonville, MD

September – Picnic

Date: September 20, 2023

Time: 11:30 AM

Place: Carderock Park, Large Pavilion

Bethesda, MD

December – Holiday Luncheon/Annual Meeting

Date: December 6, 2023

Time: 11:30 AM

Place: Dutch's Daughter

581 Himes Avenue, Frederick, MD



Postage & Printing Donors for AMS News

Raymond Barbeau Gaylene Cottone Bob Mital

"Keeping in Touch"

Thank you for your generosity!

NGA West Progress



Develop Site for NGA West with the U.S. Army Corps of Engineers who is managing the construction on behalf of NGA. The new site in north St. Louis replaces NGA's current facility, which dates back to the 1840s, in south St. Louis.

The north St. Louis location puts NGA in the heart of a community of outstanding academic institutions and cutting-edge industry. It is scheduled to be open and fully operational by 2025.



Site progress during this past winter -2022.



The Board is seeking an AMS member in good standing to serve as our next volunteer Webmaster, and to help guide us through this next phase of the AMS website. If you are interested in serving as the AMS webmaster, please email the Board at mappingseniors@outlook.com placing "Webmaster" in the subject line, indicating interest and describing your experience/qualifications to take on this important volunteer assignment.

Vice President - Vacant

Following the Holiday Lunch, a short business meeting was held for the purpose of electing the 2023 officers. Unfortunately, there were no nominations for vice president. The Board continues to seek a member in good standing to for this position.

Board meetings are held quarterly via zoom; therefore, your primary residence should not be a hindrance as traveling is not required to attend the Board meetings. The responsibilities of each office are described in the AMS By-laws available on the AMS website at www.mappers.org.

Please submit nominations to the Board in writing via email at mappingseniors@outlook.com include "Board Officer Nominations "in the subject line. Thank you.



AMS Anniversary Celebration

The Anniversary Committee is considering ideas to hold event to celebrate our 50th Anniversary. If you have a suggestion, please submit your idea with all pertinent information – venue name, address, point of contact, phone, and any other information as well as your name and phone number to the AMS mailbox at mappingseniors@outlook.com. Please submit any suggestions by June 1, 2023, so they can considered for planning events during our anniversary year of 2024. Thank you in advance for your ideas and suggestions.

If you do not have a venue suggestion, but are interested in assisting the committee, please forward your contact information to the AMS mailbox as well. Meetings are held via zoom so your physical location will not matter for these planning meetings.

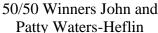
St. Patrick's Luncheon

This was the first St. Patrick's Luncheon since 2019 due to Covid restrictions. The luncheon was held at the Old Brogue Irish Pub in Great Falls, VA. This was also a first for AMS looking for the rainbow and pot of gold at this establishment. Entrées of either fish and chips, Katie's cottage pie, or corned beef and cabbage were delicious, and the serving staff was also excellent. Everyone greeted one another in good cheer – while waiting for a green beer! This just maybe the regular location for the AMS St. Patrick's Luncheon.

AMS wishes to thank NWFCU for their continued support and informing members of investments opportunities at the AMS events.

Attendees – Betty Barnes, Merle and Nancy Biggin, John Bik, Lisa Botton, Larry and Judy Bowles, Gaylene Cottone, Rick and Diana Davidson, Jean Engelmann, Jack Fahey, Paul Mich, Diana Ruiz, Juan Saravia, Lieghton P Stradley, Harry and Caroline Strats, John and Patty Waters-Helfin, Ken and Berna Yuen







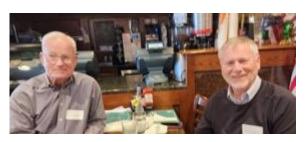


Door Prize Winners Gaylene Cottone and Jack Fahey

Page



Judy Bowles, Nancy Biggin, Larry Bowles



Jack Fahey and Paul Mitch



Betty Barnes, John Bik, Jean Engelmann



Ken and Berna Yuen and Lieghton Stradley



John Bik, Jean Engelman, Nancy and Merle Biggin



Juan Saravia and Diana Ruiz NWFCU Representatives



Rick and Diana Davidson



Gaylene Cotone and Lisa Botton

NORTHWEST FEDERAL CREDIT UNION

Grow Your Savings with a Certificate

Earn up to 4.00% APY* 10 months - \$1,000 minimum

*APY = Annual Percentage Yield. Fees may reduce earnings on account. A penalty may be imposed for early withdrawal. Rate is current as of 2/21/2023 and subject to change at any time. The 10-month Bloom Certificate is a promotional certificate and is not eligible for a dividend rate bonus. At renewal, certificate will auto-renew into current one year certificate unless otherwise designated. A minimum deposit of \$1,000 is required. View the full disclosure here.

Saving with a Certificate

Our Certificates pay competitive dividends and can be opened with as little as \$1,000 and have terms from 90 days to five (5) years. We also offer Jumbo Certificates, for deposits of \$250,000 or more, and Add-on Certificates, where you can add funds to the certificate throughout the term.

Open your certificates today:

- Login to <u>Online Banking</u>
- Stop by any of our <u>branches</u>
- Contact us

Certificate Types

SAVINGS CERTIFICATES

Choose your term up to 5 years and deposit a minimum of \$1,000. Highest rates will be paid on Certificates of \$250,000 or more.

ADD-ON CERTIFICATES

With an Add-on Certificate, you select a 1- or 2-year term with a minimum opening deposit of \$500 and get the flexibility to add funds throughout the Certificate term.

YOUTH ADD-ON CERTIFICATES

Designed for our Youth Club Account members, minimum deposit is just \$100 and you can deposit additional money during the 1-year term.

• IRA CERTIFICATES

Designed for Individual Retirement Accounts, our IRA Certificates offer the same great rates as our regular Certificates.



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RESERVATION FORM

AMS Spring Luncheon

Dutch's Daughter 581 Himes Avenue Frederick, MD 21703

Wednesday, May 3, 2023 @ 11:30 AM

Write the name of those attending and place a check beneath their menu selection.

Name (Please PRINT your name)	Atlantic Salmon \$28.00	Hawaiian Chicken \$28.00	Beef Medallions \$28.00	Crab Cake \$34.00
1.				
2.				

Entrees include Tossed Garden Salad, Seasonal Fresh Vegetable, Twice Baked Potato,					
Chef's Choice of Dessert, Coffee, Tea, and Soda					
Cost is per person as indicated with menu selection includes tax and gratuities *Note: Meal will be served between noon and 12:30pm					
Total amount \$	Payment by check (enclosed)	or PayPal (on-line)			

Please volunteer assisting with:

Hand out Name Tags ______Sell 50/50 Raffle Tickets _____

Thank you for assisting!

Completed reservation form and payment due by April 24, 2023

Payment Methods –

- 1. Paper/mail Send completed reservation form and your check payable to the Association of Mapping Seniors to: Merle Biggin 4808 Walbridge Street, Rockville, MD 20853
- 2. Electronically
 - a. When using PayPal add \$1.00 for each person to cover associated fees.
 - b. Access PayPal from the AMS website front page at http://www.mappers.org/ and click on the "Donate" button. At the PayPal page, complete the information as requested.
 - c. On page 2, click on the "Add special instructions to the seller" and enter Spring Luncheon and the names and menu option for each person included with the payment. Example: AMS Spring Luncheon John Smith – Salmon; Mary Smith – Beef Tips.
 - d. Forward an e-mail to Merle at merlebiggin@uwalumni.com that includes the names, contact phone number, and appropriate menu selection for each person. State you are using PayPal to complete this transaction.

FROM: ASSOCIATION OF MAPPING SENIORS – April 2023 Merle Biggin 4808 Walbridge St Rockville MD 20853

ADDRESS SERVICE REQUESTED

PRSRT STD U.S. Postage PAID Suburban, MD Permit No. 6511

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FEDERAL CREDIT UNION

2023 Annual Meeting

Northwest Federal Credit Union's **2023 Annual Meeting** will be held in person at Northwest's Herndon headquarters and can also be attended virtually via Webex. Printed copies of the 2022 Annual Report and the Consolidated Financials will be provided to meeting attendees. Follow the links below to review the event materials online. www.nwfcu.org

Date: April 22 Time: 9:00am ET

Place: 220 Spring Street Herndon, Virginia

REGISTER TO ATTEND WEBEX

Event Materials

2022 Annual Report 2022 Consolidated Financials Annual Meeting Agenda 2023 Annual Meeting Minutes 2022